

MoM-MHPSS-TF-Beirut-17

Date	Tuesday January 12, 2016	Venue	WHO Conference room (-1)
Time	2:00-3:00pm	Minutes prepared by	Nour Kik
Organizations attending	Almahdi Scouts, Amel, ICRC, IDRAAC, IMC, IOM, FPSC, LAU, MOPH, MOSA, MSF-Swiss, MSF-Belgium, Sawiian, UNHCR, WHO.		

Agenda

1. MHPSS TF Action Plan 2016

2. E-mental health project

3. General Updates

Discussion

Action / Decision / Suggestion

1. MHPSS TF Action Plan 2016

- Drafted actions to achieve objectives of 2016 action plan were reviewed.
- The aim of the crisis management protocols that are being developed as part of the TF action plan in collaboration with the FPSC is to ensure there are clear guidelines to manage emergency cases that are completed by clear referral pathways

- All MHPSS TF organizations that have crisis management protocols/guidelines are kindly asked to share them by email with: nourjkik@gmail.com so that they can feed into the development of the protocols.

2. E-mental health project

- The Ministry of Public Health in collaboration with WHO and Fondation d'Harcourt will be developing and implementing an "E-mental health self-guided service provision pilot project".
- AIM: Self-help (specifically for adults with common mental disorders)
- Intervention programme: Problem Management Plus (PM+)
 - Integrated problem-solving techniques
 - Trans-diagnostic: can be used with people experiencing a range of common mental health problems

<ul style="list-style-type: none"> - Implemented with some guidance from a health worker or psychosocial provider - Approximately 15 minutes guidance a week - Five weekly sessions <p>➤ Feedback of the task force was collected on questions related to any other minimally guided interventions that have been implemented in Lebanon, including on feasibility and acceptability.</p>	<p>➤ A stakeholder consultation meeting will be held on February 17 with the objective of presenting the design of the intervention and collecting feedback on its feasibility and acceptability.</p>
<p>3. General Updates</p>	
<p>➤ The NMHP printed new versions of the Mental Health Campaign brochures “My Mental Health is my Right”. The brochures highlight the rights of persons with mental disorders and explains the role of the different mental health professionals.</p>	<p>➤ Organizations interested in receiving copies of the brochures to send an email to nourjkik@gmail.com specifying the estimated needed quantity.</p>
<p>Next meeting: Tuesday February 16, 2016 in the WHO Conference room (-1), Lebanese University Glass building, Mathaf.</p>	